|  |  |
| --- | --- |
| **Mean heart rate** | Description: Mean heart rate (beats per minute) |
| Instrument question: M16 a-c: Reading 1-3 heart rate |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean heart rate (beats per minute)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | mean | 95% CI | n | mean | 95% CI | n | mean | 95% CI |
| 18-29 | 581 | 68.5 | 67.3 - 69.6 | 837 | 79.6 | 78.6 - 80.6 | 1418 | 74.0 | 73.2 - 74.8 |
| 30-44 | 647 | 71.9 | 70.7 - 73.1 | 1036 | 77.8 | 77.0 - 78.6 | 1683 | 74.8 | 74.0 - 75.6 |
| 45-59 | 400 | 72.2 | 70.6 - 73.9 | 603 | 76.1 | 74.8 - 77.3 | 1003 | 74.3 | 73.2 - 75.3 |
| 60-69 | 183 | 72.0 | 69.5 - 74.5 | 341 | 73.8 | 72.1 - 75.4 | 524 | 73.0 | 71.6 - 74.5 |
| **Total** | **1811** | **70.4** | **69.6 - 71.1** | **2817** | **78.0** | **77.5 - 78.6** | **4628** | **74.3** | **73.8 - 74.8** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1445 | 70.4 | 69.5 - 71.3 | 2377 | 78.2 | 77.6 - 78.9 | 3822 | 74.5 | 74.0 - 75.1 |
| Urban | 366 | 70.2 | 68.7 - 71.7 | 440 | 77.0 | 76.0 - 78.1 | 806 | 73.0 | 72.0 - 74.1 |